

Abhogi

S R₂ G₂ M D₂ S
S D₂ M G₂ R₂ S

Sarale Varases

S R G M | D S , , ||
 S D M G | R S , , ||

S R S R | S R G M ||
 S R G M | D S , , ||
 S D S D | S D M G ||
 S D M G | R S , , ||

S R G S | R G S R ||
 S R G M | D S , , ||
 S D M S | D M S D ||
 S D M G | R S , , ||

S R G M | S R G M ||
 S R G M | D S , , ||
 S D M G | S D M G ||
 S D M G | R S , , ||

S R G M | D , S R ||
 S R G M | D S , , ||
 S D M G | R , S D ||
 S D M G | R S , , ||

S R G M | D S S R ||
 S R G M | D S , , ||
 S D M G | R S S D ||
 S D M G | R S , , ||

S R G M | D , , , ||
 S R G M | D S , , ||
 S D M G | R , , , ||
 S D M G | R S , , ||

Vocal excercises Abhogi

S R G M | D M G R ||
S R G M | D S , , ||
S D M G | R G M D ||
S D M G | R S , , ||

S R G M | D M S D ||
S R G M | D S , , ||
S D M G | R G S R ||
S D M G | R S , , ||

Jante Varases

S S R R G G M M | D D S S , , , , ||
S S D D M M G G | R R S S , , , , ||

S S R R G G M M | R R G G M M D D ||
G G M M D D S S | S S D D M M G G ||
D D M M G G R R | M M G G R R S S ||

S S R-S S R S R | S S R R G G M M ||
R R G-R R G R G | R R G G M M D D ||
G G M-G G M G M | G G M M D D S S ||
S S D-S S D S D | S S D D M M G G ||
D D M-D D M D M | D D M M G G R R ||
M M G-M M G M G | M M G G R R S S ||

S S R R G-S R G | S S R R G G M M ||
R R G G M-R G M | R R G G M M D D ||
G G M M D-G M D | G G M M D D S S ||
S S D D M-S D M | S S D D M M G G ||
D D M M G-D M G | D D M M G G R R ||
M M G G R-M G R | M M G G R R S S ||

S S R R G G R R | S S R R G G M M ||
R R G G M M G G | R R G G M M D D ||
G G M M D D M M | G G M M D D S S ||
S S D D M M D D | S S D D M M G G ||
D D M M G G M M | D D M M G G R R ||
M M G G R R G G | M M G G R R S S ||

S	S	M	M	G	G	R	R		S	S	R	R	G	G	M	M	
R	R	D	D	M	M	G	G		R	R	G	G	M	M	D	D	
G	G	S	S	D	D	M	M		G	G	M	M	D	D	S	S	
S	S	G	G	M	M	D	D		S	S	D	D	M	M	G	G	
D	D	R	R	G	G	M	M		D	D	M	M	G	G	R	R	
M	M	S	S	R	R	G	G		M	M	G	G	R	R	S	S	

Dhatu Varase

S	R	S	G		R	G	R	M	
S	M	G	R		S	R	G	M	
R	G	R	M		G	M	G	D	
R	D	M	G		R	G	M	D	
G	M	G	D		M	D	M	S	
G	S	D	M		G	M	D	S	
S	D	S	M		D	M	D	G	
S	G	M	D		S	D	M	G	
D	M	D	G		M	G	M	R	
D	R	G	M		D	M	G	R	
M	G	M	R		G	R	G	S	
M	S	R	G		M	G	R	S	

Upper sthayi varase

S	R	G	M		D	S	,	,	
S	,	,	,		S	,	,	,	
M	D	S	R		S	D	M	G	
S	D	M	G		R	S	,	,	

S	R	G	M		D	S	,	,	
S	,	,	,		S	,	,	,	
M	D	S	R		S	S	R	S	
S	R	S	D		M	G	R	G	
M	D	S	R		S	D	M	G	
S	D	M	G		R	S	,	,	

S	R	G	M		D	S	,	,	
S	,	,	,		S	,	,	,	
M	D	S	R		G	R	S	R	
S	R	S	D		M	G	R	G	
M	D	S	R		S	S	R	S	
S	R	S	D		M	G	R	G	
M	D	S	R		S	D	M	G	
S	D	M	G		R	S	,	,	

S	R	G	M		D	S	,	,	
S	,	,	,		S	,	,	,	
M	D	S	R		G	M	G	R	
S	R	S	D		M	G	R	G	
M	D	S	R		G	R	S	R	
S	R	S	D		M	G	R	G	
M	D	S	R		S	S	R	S	
S	R	S	D		M	G	R	G	
M	D	S	R		S	D	M	G	
S	D	M	G		R	S	,	,	

Mandra sthayi varase

S	D	M	G		R	S	,	,	
S	,	,	,		S	,	,	,	
G	R	S	D		S	R	G	M	
S	R	G	M		D	S	,	,	

S	D	M	G		R	S	,	,	
S	,	,	,		S	,	S	,	
G	R	S	D		S	S	D	S	
S	D	S	R		G	M	D	M	
G	R	S	D		S	R	G	M	
S	R	G	M		D	S	,	,	

S	D	M	G		R	S	,	,	
S	,	,	,		S	,	S	,	
G	R	S	D		M	D	S	D	
S	D	S	R		G	M	D	M	
G	R	S	D		S	S	D	S	

Vocal excercises Abhogi

S D S R | **G M D M** ||
G R S D | **S R G M** ||
S R G M | **D S , ,** ||

S D M G | **R S , ,** ||
S , , , | **S , S ,** ||
G R S D | **M G M D** ||
S D S R | **G M D M** ||
G R S D | **M D S D** ||
S D S R | **G M D M** ||
G R S D | **S S D S** ||
S D S R | **G M D M** ||
G R S D | **S R G M** ||
S R G M | **D S , ,** ||

Alankaras

Dhruva Talam

S R G M | **G R** | **S R G R** | **S R G M** ||
R G M D | **M G** | **R G M G** | **R G M D** ||
G M D S | **D M** | **G M D M** | **G M D S** ||
S D M G | **M D** | **S D M D** | **S D M G** ||
D M G R | **G M** | **D M G M** | **D M G R** ||
M G R S | **R G** | **M G R G** | **M G R S** ||

Mathya Talam

S R G R | **S R** | **S R G M** ||
R G M G | **R G** | **R G M D** ||
G M D M | **G M** | **G M D S** ||
S D M D | **S D** | **S D M G** ||
D M G M | **D M** | **D M G R** ||
M G R G | **M G** | **M G R S** ||

Vocal excercises Abhogi

Rupaka Talam

S R | S R G M ||
R G | R G M D ||
G M | G M D S ||
S D | S D M G ||
D M | D M G R ||
M G | M G R S ||

Jampa Talam

S R G S R S R | G | M , ||
R G M R G R G | M | D , ||
G M D G M G M | D | S , ||
S D M S D S D | M | G , ||
D M G D M D M | G | R , ||
M G R M G M G | R | S , ||

Triputa Talam

S R G | S R | G M ||
R G M | R G | M D ||
G M D | G M | D S ||
S D M | S D | M G ||
D M G | D M | G R ||
M G R | M G | R S ||

Ata Talam

S R , G , | S , R G , | M , | M , ||
R G , M , | R , G M , | D , | D , ||
G M , D , | G , M D , | S , | S , ||
S D , M , | S , D M , | G , | G , ||
D M , G , | D , M G , | R , | R , ||
M G , R , | M , G R , | S , | S , ||

Eka Talam

S R G M ||
R G M D ||

Vocal excercises Abhogi

G M D S ||
S D M G ||
D M G R ||
M G R S ||