

Shuddha Saveri
S R₂ M₁ P D₂ S
S D₂ P M₁ R₂ S

Sarale Varases

S R M P | D S , , ||
S D P M | R S , , ||

S R S R | S R M P ||
S R M P | D S , , ||
S D S D | S D P M ||
S D P M | R S , , ||

S R M S | R M S R ||
S R M P | D S , , ||
S D P S | D P S D ||
S D P M | R S , , ||

S R M P | S R M P ||
S R M P | D S , , ||
S D P M | S D P M ||
S D P M | R S , , ||

S R M P | D , S R ||
S R M P | D S , , ||
S D P M | R , S D ||
S D P M | R S , , ||

S R M P | D S S R ||
S R M P | D S , , ||
S D P M | R S S D ||
S D P M | R S , , ||

S R M P | D , , , ||
S R M P | D S , , ||
S D P M | R , , , ||
S D P M | R S , , ||

Vocal Exercises for Shuddha Saveri

S R M P | D P M R ||
S R M P | D S , , ||
S D P M | R M P D ||
S D P M | R S , , ||

S R M P | D P S D ||
S R M P | D S , , ||
S D P M | R M S R ||
S D P M | R S , , ||

Jante Varases

S S R R M M P P | D D S S , , , , ||
S S D D P P M M | R R S S , , , , ||

S S R R M M P P | R R M M P P D D ||
M M P P D D S S | S S D D P P M M ||
D D P P M M R R | P P M M R R S S ||

S S R-S S R S R | S S R R M M P P ||
R R M-R R M R M | R R M M P P D D ||
M M P-M M P M P | M M P P D D S S ||
S S D-S S D S D | S S D D P P M M ||
D D P-D D P D P | D D P P M M R R ||
P P M-P P M P M | P P M M R R S S ||

S S R R M-S R M | S S R R M M P P ||
R R M M P-R M P | R R M M P P D D ||
M M P P D-M P D | M M P P D D S S ||
S S D D P-S D P | S S D D P P M M ||
D D P P M-D P M | D D P P M M R R ||
P P M M R-P M R | P P M M R R S S ||

S S R R M M R R | S S R R M M P P ||
R R M M P P M M | R R M M P P D D ||
M M P P D D P P | M M P P D D S S ||
S S D D P P D D | S S D D P P M M ||
D D P P M M P P | D D P P M M R R ||
P P M M R R M M | P P M M R R S S ||

S	S	P	P	M	M	R	R		S	S	R	R	M	M	P	P	
R	R	D	D	P	P	M	M		R	R	M	M	P	P	D	D	
M	M	S	S	D	D	P	P		M	M	P	P	D	D	S	S	
S	S	M	M	P	P	D	D		S	S	D	D	P	P	M	M	
D	D	R	R	M	M	P	P		D	D	P	P	M	M	R	R	
P	P	S	S	R	R	M	M		P	P	M	M	R	R	S	S	

Dhatu Varase

S	R	S	M		R	M	R	P	
S	P	M	R		S	R	M	P	
R	M	R	P		M	P	M	D	
R	D	P	M		R	M	P	D	
M	P	M	D		P	D	P	S	
M	S	D	P		M	P	D	S	
S	D	S	P		D	P	D	M	
S	M	P	D		S	D	P	M	
D	P	D	M		P	M	P	R	
D	R	M	P		D	P	M	R	
P	M	P	R		M	R	M	S	
P	S	R	M		P	M	R	S	

Upper sthayi varase

S	R	M	P		D	S	,	,	
S	,	,	,		S	,	,	,	
P	D	S	R		S	D	P	M	
S	D	P	M		R	S	,	,	

S	R	M	P		D	S	,	,	
S	,	,	,		S	,	,	,	
P	D	S	R		S	S	R	S	
S	R	S	D		P	M	R	M	
P	D	S	R		S	D	P	M	
S	D	P	M		R	S	,	,	

S	R	M	P		D	S	,	,	
S	,	,	,		S	,	,	,	
P	D	S	R		M	R	S	R	
S	R	S	D		P	M	R	M	
P	D	S	R		S	S	R	S	
S	R	S	D		P	M	R	M	
P	D	S	R		S	D	P	M	
S	D	P	M		R	S	,	,	

S	R	M	P		D	S	,	,	
S	,	,	,		S	,	,	,	
P	D	S	R		M	P	M	R	
S	R	S	D		P	M	R	M	
P	D	S	R		M	R	S	R	
S	R	S	D		P	M	R	M	
P	D	S	R		S	S	R	S	
S	R	S	D		P	M	R	M	
P	D	S	R		S	D	P	M	
S	D	P	M		R	S	,	,	

Mandra sthayi varase

S	D	P	M		R	S	,	,	
S	,	,	,		S	,	,	,	
M	R	S	D		S	R	M	P	
S	R	M	P		D	S	,	,	

S	D	P	M		R	S	,	,	
S	,	,	,		S	,	S	,	
M	R	S	D		S	S	D	S	
S	D	S	R		M	P	D	P	
M	R	S	D		S	R	M	P	
S	R	M	P		D	S	,	,	

S	D	P	M		R	S	,	,	
S	,	,	,		S	,	S	,	
M	R	S	D		P	D	S	D	
S	D	S	R		M	P	D	P	
M	R	S	D		S	S	D	S	

Vocal Exercises for Shuddha Saveri

S D S R | **M P D P** ||
M R S D | **S R M P** ||
S R M P | **D S , ,** ||

S D P M | **R S , ,** ||
S , , , | **S , S ,** ||
M R S D | **P M P D** ||
S D S R | **M P D P** ||
M R S D | **P D S D** ||
S D S R | **M P D P** ||
M R S D | **S S D S** ||
S D S R | **M P D P** ||
M R S D | **S R M P** ||
S R M P | **D S , ,** ||

Alankaras

Dhruva Talam

S R M P | **M R** | **S R M R** | **S R M P** ||
R M P D | **P M** | **R M P M** | **R M P D** ||
M P D S | **D P** | **M P D P** | **M P D S** ||
S D P M | **P D** | **S D P D** | **S D P M** ||
D P M R | **M P** | **D P M P** | **D P M R** ||
P M R S | **R M** | **P M R M** | **P M R S** ||

Mathya Talam

S R M R | **S R** | **S R M P** ||
R M P M | **R M** | **R M P D** ||
M P D P | **M P** | **M P D S** ||
S D P D | **S D** | **S D P M** ||
D P M P | **D P** | **D P M R** ||
P M R M | **P M** | **P M R S** ||

Vocal Exercises for Shuddha Saveri

Rupaka Talam

S R | S R M P ||
R M | R M P D ||
M P | M P D S ||
S D | S D P M ||
D P | D P M R ||
P M | P M R S ||

Jampa Talam

S R M S R S R | M | P , ||
R M P R M R M | P | D , ||
M P D M P M P | D | S , ||
S D P S D S D | P | M , ||
D P M D P D P | M | R , ||
P M R P M P M | R | S , ||

Triputa Talam

S R M | S R | M P ||
R M P | R M | P D ||
M P D | M P | D S ||
S D P | S D | P M ||
D P M | D P | M R ||
P M R | P M | R S ||

Ata Talam

S R , M , | S , R M , | P , | P , ||
R M , P , | R , M P , | D , | D , ||
M P , D , | M , P D , | S , | S , ||
S D , P , | S , D P , | M , | M , ||
D P , M , | D , P M , | R , | R , ||
P M , R , | P , M R , | S , | S , ||

Eka Talam

S R M P ||
R M P D ||

Vocal Exercises for Shuddha Saveri

M P D S ||
S D P M ||
D P M R ||
P M R S ||