



## How to be organized and Practice

### Notes :

Make separate folders for  
Swaravalis, Geethams, Swarajathis, Varnams, Kritis,

Make sure all Hard copies are put in plastic sleeve so they don't tear. Good idea to have separate binders for each of the categories as it will grow.

Label each recordings and put under each folder.

During Class – Bring a recorder. I have too many classes and might not be able to give you a good recording in time.

### How to Practice

#### Build Familiarity of the song

Listen to the class recording / or song while going to other classes, doing home work, shower, before going to bed – whenever time permits. The more familiar you get with the song, the easier it gets.

- Make this practice a discipline and allocate time for **daily practice**
- Always practice with shruti
- Practice swaravali in 3 speeds swaram / akaram – Warm up For 10 to 15 mins
- Practice new piece until you can sing without looking.  
Figure out the talam so when you sing the line you are able to put talam.  
Each sangathi ( variation ) would be slightly more complicated than the previous one. If you get the first sangathi right second would be easier and so on.  
Practice one line at a time / don't get overwhelmed with the entire song.  
While practicing DO NOT sing with the recording. It is not going to help you.
- Practice old Varnam or Kriti
- Practice for minimum of 15 mins for Swaravali ( beginner level ), 30 mins for Geetham / swarajathi level and 45 mins to 1 hour for Varnam kriti level.

**Print this and post this on your fridge door for reinforcement and reminder.**

