

**Hamsadwani**  
**S R<sub>2</sub> G<sub>3</sub> P N<sub>3</sub> S**  
**S N<sub>3</sub> P G<sub>3</sub> R<sub>2</sub> S**

**Sarale Varases**

S R G P | N S , , ||  
S N P G | R S , , ||

S R S R | S R G P ||  
S R G P | N S , , ||  
S N S N | S N P G ||  
S N P G | R S , , ||

S R G S | R G S R ||  
S R G P | N S , , ||  
S N P S | N P S N ||  
S N P G | R S , , ||

S R G P | S R G P ||  
S R G P | N S , , ||  
S N P G | S N P G ||  
S N P G | R S , , ||

S R G P | N , S R ||  
S R G P | N S , , ||  
S N P G | R , S N ||  
S N P G | R S , , ||

S R G P | N S S R ||  
S R G P | N S , , ||  
S N P G | R S S N ||  
S N P G | R S , , ||

S R G P | N , , , ||  
S R G P | N S , , ||  
S N P G | R , , , ||  
S N P G | R S , , ||

S R G P | N P G R ||  
 S R G P | N S , , ||  
 S N P G | R G P N ||  
 S N P G | R S , , ||

S R G P | N P S N ||  
 S R G P | N S , , ||  
 S N P G | R G S R ||  
 S N P G | R S , , ||

### Jante Varases

S S R R G G P P | N N S S , , , , ||  
 S S N N P P G G | R R S S , , , , ||

S S R R G G P P | R R G G P P N N ||  
 G G P P N N S S | S S N N P P G G ||  
 N N P P G G R R | P P G G R R S S ||

S S R - S S R S R | S S R R G G P P ||  
 R R G - R R G R G | R R G G P P N N ||  
 G G P - G G P G P | G G P P N N S S ||  
 S S N - S S N S N | S S N N P P G G ||  
 N N P - N N P N P | N N P P G G R R ||  
 P P G - P P G P G | P P G G R R S S ||

S S R R G - S R G | S S R R G G P P ||  
 R R G G P - R G P | R R G G P P N N ||  
 G G P P N - G P N | G G P P N N S S ||  
 S S N N P - S N P | S S N N P P G G ||  
 N N P P G - N P G | N N P P G G R R ||  
 P P G G R - P G R | P P G G R R S S ||

S S R R G G R R | S S R R G G P P ||  
 R R G G P P G G | R R G G P P N N ||  
 G G P P N N P P | G G P P N N S S ||  
 S S N N P P N N | S S N N P P G G ||  
 N N P P G G P P | N N P P G G R R ||  
 P P G G R R G G | P P G G R R S S ||

S S P P G G R R | S S R R G G P P P P ||  
 R R N N P P G G | R R G G P P N N ||  
 G G S S N N P P | G G P P N N S S ||  
 S S G G N N P P | S S N N P P G G ||  
 N N R R G G P P | N N P P G G R R ||  
 P P S S R R G G | P P G G R R S S ||

### Dhatu Varase

S R S G | R G R P ||  
 S P G R | S R G P ||  
 R G R P | G P G N ||  
 R N P G | R G P N ||  
 G P G N | P N P S ||  
 G S N P | G P N S ||  
 S N S P | N P N G ||  
 S G P N | S N P G ||  
 N P N G | P G P R ||  
 N R G P | N P G R ||  
 P G P R | G R G S ||  
 P S R G | P G R S ||

### Upper sthayi varase

S R G P | N S , , ||  
 S , , , | S , , , ||  
 P N S R | S N P G ||  
 S N P G | R S , , ||

S R G P | N S , , ||  
 S , , , | S , , , ||  
 P N S R | S S R S ||  
 S R S N | P G R G ||  
 P N S R | S N P G ||  
 S N P G | R S , , ||

S R G P	N S , ,
S , , ,	S , , ,
P N S R	G R S R
S R S N	P G R G
P N S R	S S R S
S R S N	P G R G
P N S R	S N P G
S N P G	R S , ,

S R G P	N S , ,
S , , ,	S , , ,
P N S R	G P G R
S R S N	P G R G
P N S R	G R S R
S R S N	P G R G
P N S R	S S R S
S R S N	P G R G
P N S R	S N P G
S N P G	R S , ,

### Mandra sthayi varase

S N P G	R S , ,
S , , , /	S , , ,
G R S N /	S R G P
S R G P	N S , ,

S N P G	R S , ,
S , , , /	S , S ,
G R S N /	S S N S
S N S R	G P N P
G R S N /	S R G P
S R G P	N S , ,

S N P G	R S , ,
S , , , /	S , S ,
G R S N /	P N S N
S N S R	G P N P
G R S N /	S S N S

## Vocal excercises Hamsadwani

S N S R | G P N P ||  
G R S N / S R G P ||  
S R G P | N S , , ||

S N P G | R S , , //  
S , , , / S , S , //  
G R S N / P G P N //  
S N S R | G P N P ||  
G R S N / P N S N //  
S N S R | G P N P ||  
G R S N / S S N S //  
S N S R | G P N P ||  
G R S N / S R G P ||  
S R G P | N S , , ||

## Alankaras

### Dhruva Talam

S R G P | G R | S R G R | S R G P ||  
R G P N | P G | R G P G | R G P N ||  
G P N S | N P | G P N P | G P N S ||  
S N P G | P N | S N P N | S N P G ||  
N P G R | G P | N P G P | N P G R ||  
P G R S | R G | P G R G | P G R S ||

### Mathya Talam

S R G R | S R | S R G P ||  
R G P G | R G | R G P N ||  
G P N P | G P | G P N S ||  
S N P N | S N | S N P G ||  
N P G P | N P | N P G R ||  
P G R G | P G | P G R S ||

## Vocal excercises Hamsadwani

### Rupaka Talam

S R | S R G P ||  
R G | R G P N ||  
G P | G P N S ||  
S N | S N P G ||  
N P | N P G R ||  
P G | P G R S ||

### Jampa Talam

S R G S R S R | G | P , ||  
R G P R G R G | P | N , ||  
G P N G P G P | N | S , ||  
S N P S N S N | P | G , ||  
N P G N P N P | G | R , ||  
P G R P G P G | R | S , ||

### Triputa Talam

S R G | S R | G P ||  
R G P | R G | P N ||  
G P N | G P | N S ||  
S N P | S N | P G ||  
N P G | N P | G R ||  
P G R | P G | R S ||

### Ata Talam

S R , G , | S , R G , | P , | P , ||  
R G , P , | R , G P , | N , | N , ||  
G P , N , | G , P N , | S , | S , ||  
S N , P , | S , N P , | G , | G , ||  
N P , G , | N , P G , | R , | R , ||  
P G , R , | P , G R , | S , | S , ||

### Eka Talam

S R G P ||  
R G P N ||

Vocal excercises Hamsadwani

G P N S ||  
S N P G ||  
N P G R ||  
P G R S ||